**Hebrews 12 – Fix Your Eyes on Jesus**

CLARITY

What type of race?

Witnesses?

THE FINISH LINE - Where is it? Who is there?

Mt. Sinai

Mt. Zion

**EQUIPMENT**

Armor of God

**COACH** – Qualities: Clarity, Discipline, Strength, Endurance, Patience, Focus

Fixing our eyes on Jesus

Pioneer and Perfecter of our faith

Beginning (John 1:1-3)

End (Revelation 5:9-11)

**TRAINING** – produces DISCIPLINE and STRENGTH

DISCIPLINE

Choose how we respond: Anger, resent, ignore,

Welcome, gratitude

SHAME: Jesus scorned the shame. Shame is not from God.

STRENGTH

What areas need to be strengthened?

ENDURANCE

ENDURANCE - Definition

Hypomono (hoop-om-en’-o) - A hopeful, patient, steadfast waiting.

Combination of character traits: Patience and focus

PATIENCE

The reason people become impatient is because they took their focus off of Jesus.

FOCUS

Steadfast Purpose

Double-minded

**Now that we know what we need to run the race, let’s put it into action.**

**START:** We need to see others

**THE HILL**:

Throw off everything that hinders and the sin that so easily entangles

Besetting Sin

Make level paths for your feet so the lame may not be disabled, but healed.

Habits, addiction

**HITTING THE WALL**

Transformed by Jesus instead of head knowledge

**QUITTING**

Esau

What bowl of stew do you need to be aware of?

**VICTORY!**